

# Suggested titles for Sex Education (Body Science) reading for students and families

Compiled by Gordon Elementary PAC

TITLE	AUTHOR, YEAR	AVAILABILITY
<b>FOR PARENTS</b>		
Beyond the Bird and the Bees: Fostering Your Child's Healthy Sexual Development in Today's World	Engel, Beverly, 2001	VPL
Sex and Sensibility: The Thinking Parent's Guide to Talking Sense About Sex	Roffman, Deborah, 2001	VPL
The talk: what your kids need to hear from you about sex.	Maxwell, Sarah, 2008	VPL
Sex is Not a Four Letter Word: Talking Sex With Your Children Made Easier	Martens Miller, Patricia, 2005	Bookstore
Talking With Your Child About Sex	Calderone, Mary & Ramey, James, 1999	Bookstore
* The New Speaking Of Sex: What Your Children Need To Know And When They Need To Know It	Hickling, Meg, 2005	VPL/Bookstore
What's Love Got to Do With It: Talking With Your Kids About Sex	Chirban, John, 2007	Bookstore
<b>FOR PRIMARY STUDENTS</b>		
Mummy Never Told Me	Cole, Babette, 2004	VPL/ Bookstore
It's Not the Stork: A Book About Girls, Boys, Babies, Bodies, Families and Friends	Harris, Robie, 2006	VPL/ Bookstore
* Boys, Girls and Body Science	Hickling, Meg, 2002	VPL/ Bookstore
Hair in Funny Places	Cole, Babette, 2000	VPL/ Bookstore
* It's So Amazing: A Book about Eggs, Sperm, Birth, Babies, and Families	Harris, Robie, 2004	VPL/ Bookstore
What's the Big Secret	Krasny Brown, 2000	VPL/ Bookstore
Where Did I Come From?	Mayle, Peter, 2000	VPL/ Bookstore
<b>ENTERING PUBERTY</b>		
The "What's Happening to Me" (Facts of Life) Girls/Boys	Meredith, Susan, 2006/2007	Bookstore
* It's Perfectly Normal: Changing Bodies, Growing Up and Sexual Health	Harris, Robie, 2004	VPL/ Bookstore
Stick Up For Yourself! Every Kid's Guide to Personal Power and Positive Self-Esteem	Raphael, Kaufman & Espeland 1999	VPL
The "What's Happening to My Body" Book For Girls/Boys	Madaras, Lynda, 2007	Bookstore
My Body, My Self	Madaras, Lynda, 2000	VPL
What's Happening To Me? A guide to Puberty	Mayle, Peter, 1981	VPL/Bookstore
* Changes in You and Me: A Book about Puberty Mostly for Boys/Girls	Bourgeois, Paulette and Martyn, Kim 2005	VPL/Bookstore
<b>FOR TEENAGERS</b>		
Girl Talk: All the Stuff Your Sister Never Told You	Weston, Carol, 2004	Bookstore
The New Teenage Body Book	McCoy, Kathleen, 2008	VPL
What's Going on Down There?: Answers to Questions Boys Find Hard to Ask	Gravelle, Castro, Castro, Leighton, Walker, 1998	VPL/ Bookstore
The Period Book : everything you don't want to ask (but need to know)	Gravelle, Castro, Castro, Leighton, Walker, 2006	VPL

\*On sale at the Feb 2010 PAC Meeting